



Whiteside School Warrior Wellness 5k Run/Walk & Little Warrior Fun Run!

Proceeds to benefit Whiteside PTC

April 13, 2019

Whiteside Middle School, 111 Warrior Way, Belleville IL 62221

Race day registration and packet pickup:

6:30 am at Whiteside Middle School, early packet pickup
on Friday, April 12 4-7 pm at Whiteside Middle School.

5k start: 8:00 am • **1/2 mile fun run start:** 9:00 am

Awards given to top male and female overall.

Age group awards: M/F 10 and under, 11-19, 20-29, 30-39,
40-49, 50-59, 60+

Awards also given for fastest runner with a stroller and fastest runner with a dog!



Entry fees: \$15 for adults • \$10 for kids 14 and under • \$30 for a family of 4, \$5 for each additional family member • 1/2 mile fun run open to youth 10 and under is free • all fun run finishers will receive a medal

Stop by the **FREE Wellness event** anytime 8-10:30 a.m. Learn about various organizations, businesses, programs, and events. Take part in FUN activities, watch live demos, or pick up information and **FREE** giveaways. Call Erin Connolly at 618-239-0000 or email erin.connolly@wssd115.org for more information.



Return this portion with check to Whiteside Elementary School, 2028 Lebanon Ave, Belleville IL, attention Whiteside PTC 5k. Please make checks payable to Whiteside PTC.
If registering as a family, please fill out a **separate** form for each runner. ****Age is REQUIRED for ALL runners!!****

Name _____

Phone _____

Address _____

Email _____

City/State/Zip _____

Shirt size (circle one) Youth: M L Adult: S M L XL XXL

Age as of 4/13/2019 _____ Sex (M) ___ or (F) ___

5k participants registering after March 22 will receive a t-shirt while supplies last.

5K 1/2 mile fun run (youth 10 and under)

Medals only for fun run.

MANDATORY WAIVER (ALL PARTICIPANTS MUST SIGN): I understand that running/walking a race is a potentially hazardous activity. I know that I should not enter a walk/run unless I am medically able and properly trained. I agree to abide by the decision of any race official relating to my ability to safely complete the race. I assume all risks associated with running/walking this event. Having read this waiver, my signature verifies that I understand these facts and understand that upon your acceptance of this application, the entry fee is non-refundable. I, for myself and anyone entitled to act on my behalf, waive and release Whiteside School District #115, Whiteside PTC, Village of Shiloh, St. Clair County, Toolen's Running Start, and all other sponsors, volunteers, the representatives, and successors from all claims or liabilities of any kind arising from my participation in this race. I also understand that some information may be used by the sponsors. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this race for any legitimate purpose.

SIGNATURE _____

DATE _____

Participants under 18 must have this form signed by a parent or legal guardian.