



Saint Louis Track Club

2018 Summer Pace Series

Where the power of the pace exceeds the need for speed

- When:** Wednesday nights, June 6 through Sept. 26
Time: Walkers start at 6 pm, everyone else at 6:15 pm
Place: The Visitor's Center in Forest Park
Entry Fee: \$1 per run plus optional donations for snacks

Races are scored based on actual time versus predicted time - of course, you run without a watch!
Each month the best 3 of 4 races will be used to determine ribbon winners for the top 10 closest estimators.
For the entire series, the best 12 of 16 races will determine trophy winners for the top 15 closest estimators.

<u>June series</u>	<u>July series</u>	<u>August series</u>	<u>September series</u>
June 6 2M	July 11 2M	Aug. 8 3K	Sept. 5 2.5M
June 13 3K	July 18 3K	Aug. 15 5K	Sept. 12 5K
June 20 5K	July 25 5K	Aug. 22 2.5M	Sept. 19 4.2M
June 27 2.5M	Aug. 1 2.5M	Aug. 29 4.2M	Sept. 26 3K

Wednesday, Oct. 3, is the fun run, grab bag, and final series awards.

**If you are looking for an easy way to meet new friends or are new to running,
the Pace Series is for you!**



The Forest Park Visitor's Center is located near
the History Museum and Tennis Complex at:
5595 Grand Dr.
St. Louis, 63112



No need to pre-register.
Just come on out before 6pm to check-in.