



ST LOUIS TRACK CLUB'S MARATHON RELAY

8AM, SUNDAY, NOV. 18, FOREST PARK

Four runners each runs a 3+ mile loop twice for a total of 26.2 miles.

Awards in 10 Divisions!

Top 3 - **200+** (total team age is 200 years or more, any gender combination)

Top 2 each - **MALE OPEN, MIXED* OPEN, MIXED* 160+** (total team age is 160 years or more) Top 1 each - **FEMALE OPEN, MALE 160+, FEMALE 160+** (total team age is 160 years or more)

240+ (any gender combination, age 240 or more)

CORPORATE (all from one corporation, any age, any gender combination)

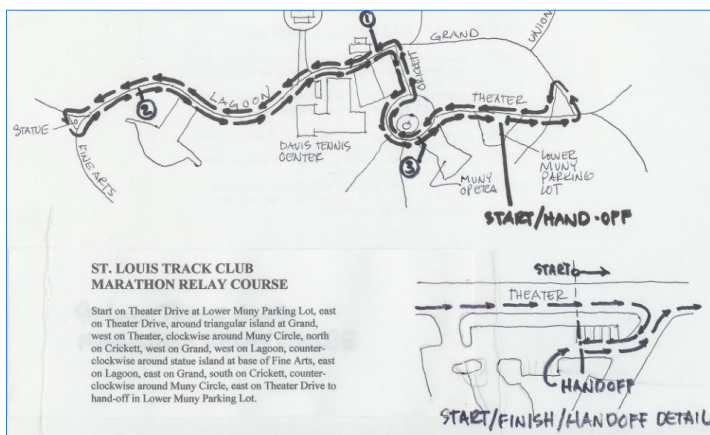
FAMILY (all from one family, any age, any gender combination)

**MIXED teams are defined as 2 males, 2 females*

\$12 per runner (\$10 for SLTC members) through Friday, Nov. 16. Race weekend registration is \$60 per team.

Details at: stlouistrackclub.com/marathon-relay

Check-in: **TEAM CAPTAIN** must check in on race day between 6:30-7:45am at Lower Muny parking lot. 5-hour time limit. All runners wear bib on front. Race times recorded via pull tags.



Cotton gloves to all participants. Refreshments during and after the event.

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Top 1 each - FEMALE OPEN, MALE 160+ and FEMALE 160+ (total team age is 160 years or more)
240+ (any gender combination, age 240 or more)

CORPORATE (all from one corporation, any age, any gender combination)

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Mail-In Registration form

Please mail to STLC-Marathon Relay, 6136 Southwest Ave, St Louis, 63139

Team name:

Division (see list above):

Runner name	Gender	Race Day Age	Date of Birth	Email/phone

Release and Waiver: I, the undersigned, acknowledge and certify that: (1) I am in excellent condition and have no medical condition that could likely be worsened by participation in this event; (2) I have trained properly for this event; (3) I am fully aware of and assume the risks associated with adverse weather conditions, and I appreciate and assume all risks associated with the presence of vehicular traffic on the race course; (4) I am solely responsible for my own safety while traveling to or from or participating in this event. In consideration of the foregoing and of your accepting this entry, the undersigned, intending to be legally bound hereby, for myself, my heirs, executors, administrators and assigns, waives, releases, discharges and covenants NOT TO SUE The St. Louis Track Club, the City of St. Louis, or any Sponsor or contributor to this event, any race officials or volunteers, their representatives, successors or assigns, from any and all claims or liability for death or for damages for any and all injuries to me or my property including without limitation claims or liability resulting from those matters described in the preceding paragraph. This Release and Waiver extends to all claims of any kind or nature, whether foreseen or unforeseen, known or unknown. I further grant full permission to the St. Louis Track Club and/or agents authorized by them, to use my likeness, voice and words in television, radio, film or in any form to promote activities of the St. Louis Track Club.

Signature: _____