

St. Louis Track Club

ST. LOUIS TRACK CLUB NAMES 2014 ALL-METRO HIGH SCHOOL CROSS COUNTRY TEAM

by St. Louis Track Club Staff

For the 22nd year, the St. Louis Track Club will honor the All-Metro High School Cross Country Teams at the SLTC Annual Awards Banquet, to be held Saturday, February 28, at Favazza's Rose of the Hill, 2300 Edwards, St. Louis, MO 63110.

This year, a panel of xx coaches again selected honorees for a first team and second team. Each honoree will receive a plaque commemorating his or her selection.

The 2014 Girls First Team includes two four-time selections in Eureka's **Hannah Long**, a three-time Foot Locker Nationals qualifier who won the Missouri 4A title, and Nerinx Hall's **Sophia Racette**, who finished second and led the Markers to the 4A team title. **Sara Nicholson**, a three-time selection, and **Anna West** helped Lafayette take second in 4A. Marquette's **Hannah Pierson** finished third in 4A, and **Carolyn White** finished third in 3A and led Festus to the 3A team title. Francis Howell sophomore **Maddi Leigh** is a two-time selection.

The 2014 Boys First Team features five two-time selections in **Michael Karls** and **Tyler Gillam**, who finished first and third, respectively, in Missouri 3A and led Festus to the 3A title; **Dorrian Gordan** of O'Fallon (IL); **Dylan Quisenberry** of Lafayette; and **Brydon Groves-Scott** of Edwardsville. Lafayette sophomore **Austin Hindman** was the top St Louis area runner at the 4A championships, taking third, with Quisenberry and teammate **Devin Meyrer** also finishing in the top seven and leading Lafayette to a dominating 4A state title. **Matt Hennessey** finished sixth in 4A and led Saint Louis University High to take second in 4A.

The members of the selection panel for the All-Metro Team were **Mike Ebert**, Marquette High School; **Kally Fischer**, Eureka High School; **Neil James**, O'Fallon (IL) High School; **Joe Porter**, SLUH; **Gaylerd Quigley**, Nerinx Hall High School; and **Dan Sebben**, Webster Groves High.

2014 SLTC ALL-METRO CROSS COUNTRY TEAMS

Girls First Team

Hannah Long	SR	Eureka
Sophia Racette	SR	Nerinx Hall
Hannah Pierson	JR	Marquette
Anna West	JR	Lafayette
Sarah Nicholson	JR	Lafayette
Maddi Leigh	SO	Francis Howell
Carolyn White	SR	Festus

Boys First Team

Michael Karls	SR	Festus
Dorrian Gordon	SR	O'Fallon
Austin Hindman	SO	Lafayette
Dylan Quisenberry	JR	Lafayette
Matt Hennessey	SR	SLUH
Tyler Gillam	SR	Festus
Brydon Groves-Scott	SR	Edwardsville
Devin Meyrer	JR	Lafayette

Girls Second Team

Brooke Witzel	FR	O'Fallon
Melissa Menghini	JR	Rockwood Summit
Hannah Deines	SO	Villa Duchesne
Angela Buch	SR	O'Fallon
Elise Marker	SR	Villa Duchesne
Erin Smith	SO	Nerinx Hall
Elizabeth Lynn	SR	Edwardsville
Emily Griesenauer	FR	Holt

Boys Second Team

Nate Gelber	SR	Whitfield
Alec Haines	JR	Lafayette
Wes Schoenthal	SR	Edwardsville
Lance Mueller	SR	Waterloo
Tyler Lawson	SR	Webster Groves
Logan Whorton	SR	O'Fallon
Sean Conlin	SR	Ft Zumwalt East