

# St. Louis Track Club

## ST. LOUIS TRACK CLUB NAMES 2013 ALL-METRO HIGH SCHOOL CROSS COUNTRY TEAM

by St. Louis Track Club Staff

For the 21<sup>st</sup> year, the St. Louis Track Club will honor the All-Metro High School Cross Country Teams at the SLTC Annual Awards Banquet, to be held Saturday, February 22, at Favazza's Rose of the Hill, 2300 Edwards, St. Louis, MO 63110.

This year, the panel of coaches again selected honorees for a first team and second team, as well as honorable mentions. Each honoree will receive a plaque commemorating their selection.

The 2013 Girls First Team includes two juniors who are three-time selections in Eureka's **Hannah Long**, who broke the Missouri 4A state record in November, and Nerinx Hall's **Sophia Racette**. Lafayette sophomore **Sara Nicholson** is a two-time selection, and Cor Jesu's **Jill Whitman** and Parkway West's **Maddy Brown**, who finished Nos. 2 and 3 at the Missouri 4A state meet, join the first team after being second-team selections last year.

Leading the Boys First Team are two three-time selections in O'Fallon (IL) High's **Patrick Perrier**, the Illinois 3A champion, and Marquette's **Noah Kauppila**, the Missouri 4A champion. **Dorrian Gordon**, of O'Fallon (IL), joins the first team after making the second team last year. DeSmet's **Austin Del Rosso** returns to the first team for a second straight year, and Festus' **Tyler Gilliam** won the Missouri 3A title and helped his team place second overall.

The members of the selection panel for the All-Metro Team were **Mike Ebert**, Marquette High School; **Kally Fischer**, Eureka High School; **Neil James**, O'Fallon (IL) High School; **Joe Porter**, SLUH, **Gaylerd Quigley**, Nerinx Hall High School; and **Dan Sebben**, Webster Groves High.

### 2013 ALL-METRO CROSS COUNTRY TEAMS

#### **Girls First Team**

Hannah Long	Eureka
Jamie Kempfer	Festus
Jill Whitman	Cor Jesu
Maddy Brown	Parkway West
Sara Nicholson	Lafayette
Maddie Leigh	Francis Howell
Sophia Racette	Nerinx Hall

#### **Boys First Team**

Jr. Patrick Perrier	O'Fallon (IL)	Sr.
Sr. Noah Kauppila	Marquette	Sr.
Sr. Dorrian Gordon	O'Fallon (IL)	Jr.
Jr. Austin Del Rosso	DeSmet	Sr.
So. Tyler Gilliam	Festus	Jr.
Fr. Dylan Quisenberry	Lafayette	So.
Jr. (tie) Michael Karls	Festus	Jr.
(tie) Bryden Groves-Scott	Edwardsville	Jr.

#### **Girls Second Team**

Sydney Neal	O'Fallon (IL)
Allison Zobrist	Highland
Hannah Pierson	Marquette
Arnica Zitting	Francis Howell
Anna West	Lafayette
Andra Staicu	Eureka
(tie) Katie Anderson	Nerinx Hall
(tie) Chandler Carreon	Holt

#### **Boys Second Team**

Sr. Steven Chorma	O'Fallon (IL)	Sr.
So. Shayn Jackson	SLUH	Jr.
So. Noah Affolder	Mascoutah	Fr.
Sr. Sean Conlin	Ft Zumwalt East	Sr.
So. Tyler Lawson	Webster Groves	Jr.
Fr. Kevin Ganahl	Marquette	Jr.
Sr. Jack Sullivan	SLUH	Jr.

#### **Girls Honorable Mention**

Savannah Ames	Althoff	Sr.
Rachael Yergensen	Eureka	Jr.