

# St. Louis Track Club

## ST. LOUIS TRACK CLUB NAMES 2012 ALL-METRO HIGH SCHOOL CROSS COUNTRY TEAM

by Tom Eckelman

For the 20th year the St. Louis Track Club will honor the All-Metro High School Cross Country Teams at the SLTC Annual Awards Banquet on Saturday, February 16 at Orlando's Banquet Center, 8352 Watson Road.

This year the panel of coaches again selected honorees for a first team, a second team as well as honorable mentions. Each honoree will receive a plaque commemorating their selection.

Among the 2012 first team members are six members of the 2011 first team: Leading the Girls First Team are sophomores **Hannah Long**, Eureka, Missouri Class 4A State Champion and **Sophia Racette**, Nerinx Hall, 3<sup>rd</sup> place in the Missouri Class 4A State meet. Class 2A Missouri State Champion **Kaitlyn Fischer**, Herculaneum senior joins the top 3 on the Girls First Team, Leading the Boys First Team are O'Fallon (IL) senior **Alex Riba** (4<sup>th</sup>) and **Patrick Perrier** (3<sup>rd</sup>) in the Illinois Class 3A meet leading their team to 2<sup>nd</sup> place. 1<sup>st</sup> team's **Matt Nicholson**, 8<sup>th</sup> place in Missouri Class 4A led his SLUH team to the State Team Title. **Amos Bartelsmeyer**, MICDS senior, Missouri Class 3A State Champion heads the Second Team.

The members of the selection panel for the All-Metro Team were **Mike Ebert**, Marquette High School, **Neil James**, O'Fallon (IL) High School, **Gaylerd Quigley**, Nerinx Hall High School, **Dan Sebben**, Webster Groves High School and **Nate Tower**, Francis Howell High School.

### 2012 ALL-METRO CROSS COUNTRY TEAMS

#### Girls First Team

Hannah Long	Eureka
Kaitlyn Fischer	Herculaneum
Sophia Racette	Nerinx Hall
Kristen Adams	Howell
Sara Nicholson	Lafayette
Samantha Lapp	O'Fallon (IL)
(tie) Sydney Neal	O'Fallon (IL)
(tie) Whitney Adams	Francis Howell

#### Girls Second Team

Angie Sumner	Eureka
Megan Cunningham	Eureka
Melissa Brown	Oakville
Tami Cardenas	O'Fallon (IL)
Jill Whitman	Cor Jesu
Maddy Brown	Parkway West

#### Girls Honorable Mention

Madeline Lager	Mater Dei (IL)	So.
Valeska Halamiccek	Francis Howell	Sr.

#### Boys First Team

Alex Riba	O'Fallon (IL)	Sr.
Patrick Perrier	O'Fallon (IL)	Jr.
Adam Roderique	Marquette	Sr.
Noah Kauppila	Marquette	Jr.
Matt Nicholson	SLUH	Sr.
Chris Martin	Mascoutah (IL)	So.
Austin Del Rosso	DeSmet	Jr.

#### Boys Second Team

Amos Bartelsmeyer	MICDS	Sr.
Brian Hernan	Parkway South	Sr.
Sam Welbourne	Jerseyville (IL)	Sr.
Jordan West	Lafayette	Sr.
Dorrian Gordon	O'Fallon (IL)	So.
Nicholas Stewart	McCluer North	Sr.
Derek Legenzoff	Lafayette	Sr.