



SLTC FROSTBITE – 3K (1.86 M)

START ON CRICKETT JUST NORTH OF GRAND, SOUTH ON CRICKETT, WEST ON GRAND, WEST ON LAGOON, THRU LEFT TURN LANE AT FINE ARTS DRIVE, AROUND ISLAND, EAST ON LAGOON, EAST ON GRAND, ONTO WEST CONCRETE SIDEWALK TO FIELD HOUSE, FOLLOW ASPHALT PATH AROUND TO NORTH SIDE OF FIELD TO FINISH.