

**Frostbite Series
Long Series
Race 3—20K**

The Wells Drive Turnabout 20K

The Wells Drive Turnabout 20K honors the long-standing Track Club 20K course in Forest Park with one exception: Instead of turning around (or the “turnabout”) in the Upper Muny Parking Lot, this race turns around on Wells Drive, which is a frequently used roadway for Track Club courses.

The course starts on Grand west of Cricket Drive. Runners and walkers head west on Lagoon Drive and complete the classic counterclockwise turnaround at the Fine Arts Triangle. Athletes then head east on Lagoon to Grand and onto Jefferson. Jefferson turns into Faulkner, and athletes head south on Faulkner and turn right (west) on Clayton Avenue. Take Clayton to McKinley Circle and veer right onto Wells Drive. Wells will make a right turn at the Wells/Macklind intersection. Continue northeast on Wells until you reach the turnabout. At the turnabout, take Wells all the way to McKinley Circle and then turn left (east) on Clayton. Take Clayton to Faulkner and turn left (north). Take Faulkner to Jefferson and to Grand.

Repeat this loop.

When completing the second loop, take the bike path around the Visitor’s Center to the finish line.

Starting Line: The starting line is on Grand Drive west of Cricket (to Lindell), 23 ft. east of 5503GR, the first light post west of Cricket.

1 Mile: The 1-mile mark is on Lagoon Drive heading west. Complete the turnaround at the Fine Arts Triangle. The 1-mile mark is 50 ft. west of light post 5997LG.

2 Mile: The 2-mile mark is on Grand Drive west of the stone restrooms building west of Union. Specifically, it is 51 ft. west of 5379GR, the first light post west of the stone restrooms.

3 Mile: The 3-mile mark is on Clayton west of Faulkner. It is 30 ft. east of 5141CY, the third light post west of Faulkner.

Turnabout: From the 3-mile mark, continue west on Clayton, right onto McKinley Circle, and then veer right onto Wells. Turn right onto Wells at the Macklind/Wells intersection. The turnabout is 51 ft. west of light post 5384WE.

4 Mile: Go around the turnaround and head west on Wells. The 4-mile mark is 34 ft. east of the light post 5448WE.

- 5 Mile: The 5-mile mark is on Faulkner north of Clayton Avenue. Locate 734FK, the fifth light post north of Clayton, and the 5-mile mark is 65 ft. north of it.
- 6 Mile: The 6-mile mark is on Grand Avenue east of Cricket (to Lindell). It is located 10 ft. east of light post 5447GR. This is the first light post east of the light post with the Cricket/Grand signs.
- 7 Mile: The 7-mile mark is on Lagoon east of the Fine Arts Triangle. Complete the triangle loop and head east on Lagoon. The 7-mile mark is opposite the left turn cut into the island on the east side of the triangle or 28 ft. north of light post 206FA.
- 8 Mile: The 8-mile mark is east on Grand near the Government Drive intersection. Locate light post 5397GR, which is at the Government/Grand intersection. Specifically, the 8-mile mark is 15 ft. west of light post 5397GR.
- 9 Mile: The 9-mile mark is on Faulkner just north of Clayton. It is 35 ft. north of the first light post, 790FK, on the east side of Faulkner at Clayton.
- 10 Mile: The 10-mile mark is on Wells after completing the turnabout. Specifically, it is 9 ft. west of the turnabout.
- 11 Mile: The 11-mile mark is on Faulkner north of Clayton. Specifically, locate the third light post, 760FK, north of Clayton, and the 11-mile mark is 15 ft. north of it.
- 12 Mile: The 12-mile mark is on Grand west of Government Drive. Specifically, it is 42 ft west of light post 5415GR.
- Finish: Bike path just north of the Visitor's Center at the first light post on the path north of the Center.

