

**St. Louis Track Club
Summer Trail Series 5K Course (3.1 miles)**



****All distances listed are approximate****

Total ascent of the 5K route is approximately 207 ft/63 meters

Course will be marked with pink flags.

The start line will be **inside** the Special Events area, in the back of the parking lot (where the post-race festivities take place).

From the start, run on the Riverscene Trail 0.139 miles and take the first right and continue on the Riverscene Trail. Stay on the Riverscene Trail, taking a left at .934 miles. At 1.172 miles, take a sharp, still remaining on the Riverscene Trail. Continue on the Riverscene Trail until 1.561 miles, and take a left onto Keifer Creek Road. Go under the Trestle Bridge and at 1.8

miles, take a left onto White Connector 7 and stay to the left to remain on WC 7. Climb the hill and switchbacks, turning right and descending onto the Lone Wolf Trail at 2.22 miles. Take a left onto the sidewalk at the top of the Lone Wolf Parking lot (follow the flags), and continue down to Keifer Creek Road. Take a right onto Keifer Creek at 2.45 miles and continue back toward the Special Events area. Take the first left after the Trestle Bridge onto the Riverscene Trail (2.716 miles) and follow the Riverscene Trail to the finish.

Online map can be found here: <https://www.plotaroute.com/route/3394881>